

**Jennifer, 32, hair dresser, John, 32, construction worker,  
smoker**

Main complaints: Infertility, have been trying for 5 years, been to 4 specialists, failed 3 complete cycles of IVFs, 2 artificial inseminations, never been pregnant.

Jennifer's history: born with one kidney, diagnosed with PCOS and endometriosis when she was 18. Had multiple operations but endometriosis kept coming back every 6 month after the ops.

Serum blood LH significantly higher than FSH. Estradiol and progesterone are within normal range..

TSH 4.9 (0.5—5 )

T3, T4, are within normal limit.

FBC are all within normal limit. Iron level 8 ( 11-33)

Indican: 3

Hemaview: indicated bowel toxicity and liver dysfunction. Poor

antioxidant profile. Low iron and B12, folic acid profile.

Clinical symptoms: irregular period, sometimes, mid cycle bleeding, sometimes, one period every 40-60 days. Heavy bleeding, large clots, severe pain accompanying with headache and nausea, anxiety, insomnia. Used to have good libido prior to IVF program. Now libido is next to zero. For the last three months, suffered chronic back pain, smelly vaginal discharge, and severe lower abdominal pain and bloating.

John's history: hard worker, back injury, smoker, sperm count profile: low to medium range counts and mobility. Also complaint of low libido, fatigue, lack of motivation.

The couple have been married for 5 years. Still show energy of love and passion towards each other. They said that they want to get pregnant as soon as possible because the doctor told them that they are getting old and need to hurry up to have another IVF. They came to me in search of a miracle so that they can get

pregnant next month.

I shared with them alternative truth to shift their current fear based desperation (thoughts/beliefs) into a perspective of hope, gratitude and love towards their baby. Negative/fear based energies (thoughts/beliefs) inhibit the manifestation of the creative process by blocking the vital force of conception or implantation.

“ Do you both feel really healthy?”

“ No, obviously not.”

“ Jennifer, your body is like the soil, John’s sperm is a seed.

When the soil is poor and lacking of nutrients, will the seed be likely going to grow into strong plant?

“ I guess Not.”

“ Do you believe that unhealthy parents will produce healthy children?”

“ No.”

“Is the quality of your child’s health important to you?”

“yes, of course.”

“ Do you think both of you are in the state of good enough

health to produce a healthy child?”

“ No.”

“ What do you think you should do then.?”

“ We should get ourselves healthy first .”

“ Exactly, and that is my principle. I would not help you with conception unless you become healthy enough for me to do so. I believe that it is irresponsible for man and woman to produce offspring, when they are unhealthy and do not express love freely to each other.”

“ How long will it take for you to get us healthy? “

“ Depends on how much effort you want to make and how committed you are with the treatment. I need three months to work on Jennifer’s hormonal function and improve John’s sperm quality and you both need to go through a 3 month detox program, so 6 months will be a fair time frame.”

“ What if we give you 12 months. Will it be even better for our child.?”

This couple achieved pregnancy through natural conception 5 months after the initial visit. Jennifer gave birth to a full term

healthy girl, Elizabeth..

Treatment:

Jennifer: Gynoclear, 3 caps three times a day. Relaxan 3 caps four times a day. Sun Ten Rhemannia 6 power 2 teaspoons in hot water before bed. She maintained this dosage until she felt pregnant.

The first two cycle were 31, 34 days , the third cycle was 29 days, the forth was 28 days, the fifth was 29 days. During the treatment period, she had no mid cycle bleeding from first month, and had consistent ovulation signs monthly.

Relaxan was reduced to 3 caps tds after 2 months.

After 3 months of the above treatment, she was put through a full bowel and detox program. She felt pregnant at the end of liver detox.

John 's treatment: Full bowel and liver detox followed by Stressan, Fibroplex Plus, Tribulus Synergy, Multigenics Phyto

Plus, Zinc plus C powder.